

Workshop “Cyberbullying”

Workshop

| TIME | MINS | TITLE | DESCRIPTION | MATERIALS |
|-------|------|---|--|-----------------------------|
| 10:00 | 15' | Introduction of the Wake UP! | Presenting our organization and the Wake UP project | |
| 10:15 | 45' | Quiz: Are you cyber smart? | In the beginning of the workshop, ask participants to take the quiz and check their results to see how cyber smart they are. | Printer version of the quiz |
| 11:00 | 60 | Cyberbullying: Definition, common places where cyberbullying takes place, effects of cyberbullying | In this part, participants learn more about the definition of cyberbullying, common places where cyberbullying take place and the effects of cyberbullying | |
| 12:00 | 45' | Tips for dealing with cyberbullying | In this part, participant learn more how to deal with cyberbullying and what to do in case they are victim of cyberbullying | |
| 12:45 | 15' | Interesting facts about cyberbullying | In this part, participants learn interesting facts about cyberbullying | |
| 13:00 | 60' | Role playing scenarios | In this session, participants are divided in three groups and each groups receives a scenario and after that they have to answer how would they react if that happens for real | |

TOTAL LENGTH: 4 HOURS

MATERIALS:

- Printed version of the quiz